1. If you suffer a work-related injury, your employer or its insurance company must pay for reasonable surgical and medical services and supplies, orthopedic appliances and prosthesis, including training in their use.

2. In order to ensure that your medical treatment will be paid for by your employer or the insurance company, you must select from one of the following health care providers:

**TO ENSURE PROMPT APPOINTMENTS WITH THE BELOW PHYSICIANS OR WORKWELL NETWORK PROVIDER PLEASE CALL 1-800-662-2400**

**OCCUPATIONAL MEDICINE**  
MedExpress Urgent Care  
655 East Dubois Avenue  
Dubois, PA 15801  
Scheduling 1-800-662-2400

**PRIMARY CARE**  
Donald Conrad, D.O.  
502 Park Avenue  
Clearfield, PA 16830  
Scheduling 1-800-662-2400

**PRIMARY CARE**  
Phoung Wirths, D.O.  
465 State Street  
Curwensville, PA 16833  
Scheduling 1-800-662-2400

**ORAL SURGERY**  
Jay Arlick, D.M.D.  
109 North Front Street  
Clearfield, PA 16830  
Scheduling 1-800-662-2400

**ORTHOPEDICS**  
William Fritz, M.D.  
145 Hospital Avenue  
Dubois, PA 15801  
Scheduling 1-800-662-2400

**ORTHOPEDICS**  
Keith Zeliger, M.D.  
145 Hospital Avenue, Suite 100  
Dubois, PA 15801  
Scheduling 1-800-662-2400

**OPHTHALMOLOGY**  
John Fabre, M.D.  
529 Sunflower Drive  
Dubois, PA 15801  
Scheduling 1-800-662-2400

**GENERAL SURGERY**  
Larry Schachter, M.D.  
145 Hospital Ave, Ste 112  
Dubois, PA 15801  
Scheduling 1-800-662-2400

**PHARMACY/PRESCRIPTION**  
TMESYS (a PMSI program)  
800-964-2531

You must continue to visit one of the physicians listed above, if you need treatment, for ninety (90) days from the date of your first visit.

3. If one of the persons above refers you to another licensed specialist, your employer or their insurer will pay the bill for these services.

4. After this ninety (90) day period, if you still need treatment and your employer has provided a list as set forth above, you may choose to go to another health care provider for treatment. You should notify your employer of this action within five days of your visit to said provider.

5. If a physician on the list prescribes invasive surgery, you may obtain a second opinion from any physician of your choice. If the second opinion is different than the listed physician’s opinion, you may determine which course of treatment to follow; however, the second opinion must contain a specific and detailed treatment plan. If you choose the second opinion, the procedures in that opinion must be performed by one of the physicians on the list for the first ninety (90) days.

6. If you are faced with a medical emergency, you may secure assistance from a hospital, physician, or health care provider of your choice for your work-related injury. However, when the emergency is resolved, you must seek treatment from a provider on the above list.