1. If you suffer a work-related injury, your employer or its insurance company must pay for reasonable surgical and medical services and supplies, orthopedic appliances and prosthesis, including training in their use.

2. In order to ensure that your medical treatment will be paid for by your employer or the insurance company, you must select from one of the following health care providers:

TO ENSURE PROMPT APPOINTMENTS WITH THE BELOW PHYSICIANS OR WORKWELL NETWORK PROVIDER PLEASE CALL 1-800-662-2400

OCCUPATIONAL MEDICINE
Lora Regan, M.D.
2110 Harrisburg Pike, Suite 21
Lancaster, PA 17604
Scheduling 1-800-662-2400

OCCUPATIONAL MEDICINE
Wellspan Occupational Health
446 North Reading Road
Ephrata, PA 17522
Scheduling 1-800-662-2400

OCCUPATIONAL MEDICINE
Patient First
1625 Oregon Pike
Lancaster, PA 17601
Scheduling 1-800-662-2400

OCCUPATIONAL MEDICINE
2110 Harrisburg Pike, Suite 21
Lancaster, PA 17604
Scheduling 1-800-662-2400

ORTHOPEDICS
John Perry, M.D.
2320 Rothville Road, Suite 200
Lititz, PA 17543
Scheduling 1-800-662-2400

URGENT CARE
MedExpress Urgent Care
4 Rohrerstown Road
Lancaster, PA 17603
Scheduling 1-800-662-2400

NEUROSURGERY
Perry Argires, M.D.
2150 Harrisburg Pike
Lancaster, PA 17604
Scheduling 1-800-662-2400

ORTHOPEDICS
TMESYS (a PMSI program)
2320 Rothville Road, Suite 200
Lititz, PA 17543
Scheduling 1-800-662-2400

GENERAL SURGERY
William Piepgrass, M.D.
804 Grandview Drive, Suite 2
Ephrata, PA 17522
Scheduling 1-800-662-2400

PHARMACY/PRESCRIPTIONS
800-964-2531

You must continue to visit one of the physicians listed above, if you need treatment, for ninety (90) days from the date of your first visit.

3. If one of the persons above refers you to another licensed specialist, your employer or their insurer will pay the bill for these services.

4. After this ninety (90) day period, if you still need treatment and your employer has provided a list as set forth above, you may choose to go to another health care provider for treatment. You should notify your employer of this action within five days of your visit to said provider.

5. If a physician on the list prescribes invasive surgery, you may obtain a second opinion from any physician of your choice. If the second opinion is different than the listed physician’s opinion, you may determine which course of treatment to follow; however, the second opinion must contain a specific and detailed treatment plan. If you choose the second opinion, the procedures in that opinion must be performed by one of the physicians on the list for the first ninety (90) days.

6. If you are faced with a medical emergency, you may secure assistance from a hospital, physician, or health care provider of your choice for your work-related injury. However, when the emergency is resolved, you must seek treatment from a provider on the above list.