

# What do I do if I think I have been exposed, have symptoms, or have tested positive for COVID-19?

## Resources to Help Follow COVID-19 Safety Guidance

### [COVID-19 in PA](#)

- [Data for PA](#)
- [PA Unites Against COVID](#)
- [Symptoms & Testing](#)
- [Guidance & Resources](#)

### [CDC COVID-19 Information](#)

- [When to Use Masks](#)
- [Self-Testing](#)
- [Quarantine & Isolation](#)
- [Travel](#)

I believe I have been exposed to COVID-19.



### Employee Responsibilities

1. Call your primary care physician.
2. Monitor your [symptoms](#).

I believe I have COVID-19 symptoms.



### Employee Responsibilities

1. Stay home.
2. Contact your supervisor.
3. Call your primary care physician.

I have tested positive for COVID-19.



### Employee Responsibilities

\*If you are a Technical Service employee, simply contact your supervisor, who will then contact Occupational Medicine.

1. Stay home.
2. Contact your supervisor regarding the positive test and taking time off.
3. Contact Occupational Medicine (Occ Med.) at 814-865-8612.
4. Occ Med will email you (the employee), your supervisor, and Absence Management on your status.
5. Employee should utilize appropriate earned time off COV Reason Codes.