# What do I do if I think I have been exposed, have symptoms, or have tested positive for COVID-19?

## Resources to Help Follow COVID-19 Safety Guidance

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## I believe I have been exposed to COVID-19.

**Employee Responsibilities**

1. Call your primary care physician.
2. Monitor your symptoms.

## I believe I have COVID-19 symptoms.

**Employee Responsibilities**

1. Stay home.
2. Contact your supervisor.
3. Call your primary care physician.

## I have tested positive for COVID-19.

**Employee Responsibilities**

1. Stay home.
2. Contact your supervisor regarding the positive test and taking time off.
3. Contact Occupational Medicine (Occ Med.) at 814-863-8492. If you are a Technical Service employee, please contact your supervisor who will then contact Occupational Medicine.
4. Occ Med will contact your supervisor.
5. Occ Med will consult employee regarding important information related to COVID-19 and most up to date CDC guidance.
6. Employee should utilize appropriate earned time off COV Reason Codes.