NOTICE TO EMPLOYEES IN CASE OF WORK-RELATED INJURIES

If you suffer a work-related injury, immediately report the injury to your supervisor. Failure to do so may delay your benefits or may cause you to lose your rights to benefits. For necessary medical treatment and supplies to be paid by your employer:

- All treatment must be obtained from one of the healthcare providers listed below.
- You must continue to visit one of the healthcare providers listed below if you need treatment for 90 days from the date of your first visit. If one of the providers listed below refers you to another licensed specialist, those services will be paid.
- After this 90-day period, if you still need treatment, you may go to another healthcare provider for treatment as long as you notify your claims adjuster within five (5) days of your visit to a new provider.
- If a listed physician prescribes invasive surgery, you have the right to obtain a second opinion from a physician of your choice. If a second opinion differs from that of the listed physician’s opinion, you may determine which course of treatment to follow; however, the second opinion must contain a detailed treatment plan. If you choose the treatment prescribed in the second opinion, you must receive the treatment from a listed provider for a period of 90 days after the date of your visit to the provider of the second opinion.

If you are faced with a medical emergency, you may secure initial emergency treatment from any emergency facility. However, when the emergency is resolved, follow-up treatment must be obtained from one of the following healthcare providers. If you choose to treat with an out-of-state provider, you may be subject to balance billing.

<table>
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<tr>
<th>NAME OF PROVIDER</th>
<th>STREET</th>
<th>CITY, STATE, ZIP</th>
<th>PHONE</th>
<th>SPECIALTY</th>
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| MID STATE
  Occupational Health Services  
Catherine Rainey, MD | 150 Mundy Street, Mac 1 | Wilkes Barre, PA 18702 | 570.970.2300 | Occ. Medicine  
Treats All Injuries |
| MID STATE
  Occupational Health Services  
Ashley Deangelo, CRNP | 150 Mundy Street, Mac 1 | Wilkes Barre, PA 18702 | 570.970.2300 | Occ. Medicine  
Treats All Injuries |
| MID STATE
  Occupational Health Services  
Mark Rainey, MD | 1000 Meade Street | Dunmore, PA 18512 | 570.209.7160 | Occ. Medicine  
Treats All Injuries |
| Brian J. Marien, MD | 540 Pierce Street | Kingston, PA 18704 | 570.714.2720 | General Surgery |
| Frank Falcone, Jr., DMD | Medical Arts Complex  
668 N. Church St., Ste. 10 | Hazleton, PA 18201 | 570.455.5889 | Oral Surgery |
| Clark Gerhart, MD | 200 South River Street | Plains, PA 18705 | 570.821.1100 | General Surgery |
| Eye Care Specialists | 703 Rutter Avenue | Kingston, PA 18704 | 570.288.7405 | Ophthalmology |
| GWV Orthopaedics | 1175 E. Mountain Blvd. | Wilkes Barre, PA 18702 | 570.808.1093 | Bone/Joint Injuries |
| Phoenix Rehabilitation | 311 Market St., Koral Bldg. | Kingston, PA 18704 | 866.446.2848 | Physical Therapy |
| Phoenix Rehabilitation | 685 Carey Avenue | Wilkes Barre, PA 18706 | 866.446.2848 | Physical Therapy |

FOR PRESCRIPTION MEDICATIONS AND DURABLE MEDICAL EQUIPMENT OR TO SCHEDULE PHYSICAL THERAPY AND DIAGNOSTIC IMAGING APPOINTMENTS, AND LOCATIONS CLOSE TO YOU, PLEASE CALL KEYSCRIPTS AT 1.866.446.2848.

Requests for additional information should be directed to:
Penn State Absence Management, The 331 Building, Suite 136
Phone: 814.865.1782 - Fax: 814.863.6227